

The Power Self Help Book Wikipedia

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The Power Self Help Book

I noticed it first in the bookstore. A brightly colored table full of self-help books interspersed with flip flops and beach blankets promised readers that this would be the summer they'd finally ...

Self-help and the Holy Spirit

Meticulously researched and written by Tony Jeton Selimi, The Unfakeable Code® : Take Back Control, Lead Authentically and Live Freely on Your Terms' explores the destructive business, leadership, ...

Tony Jeton Selimi's New Book, The Unfakeable Code®, Paves The Way for Authentic Leading, Living and Loving.

Featuring unputdownable thrillers, underrated books in translation, dystopian fiction, piercing criticism, and so much more — this list has something for everyone.

58 Great Books To Read This Summer, Recommended By Our Favorite Indie Booksellers

DERRY-LONDONDERRY, Northern Ireland, /PRNewswire-PRWeb/ -- "During the lockdown, I witnessed how women and families were struggling. At a time when ...

New book guides women to reveal the goddess within and unfold, bloom and birth a more powerful version of herself

For working parents, the first few years of parenting is a huge adjustment. While transition of leaving your kids and going back to the office is critical, so is the limited amount of time you spend ...

Want to raise kids with high self-esteem? A parenting expert on the power of teaching your kids 'repetition and ritual'

The fashion designer who always felt like an outsider shares a bit of tough love in her new book, "Fearless." The designer Rebecca Minkoff takes issue with the widely accepted image of self-care: the ...

The Gospel of Rebecca Minkoff

Representation matters but books featuring children with challenges usually have a story that exclusively revolves around that specific issue which can be limiting for children that want to see ...

INCLUSIVE SELF-HELP PICTURE BOOK REPRESENTS DIVERSE CHARACTERS WITHOUT LIMITING THEM TO NARROW ROLES

The Gateway to Higher Consciousness' takes a deep dive into the seven chakra system for mental and spiritual healing over 11 chapters. " We have the power to self-heal and change the frequency of our ...

Introducing Chakra Healing: The Gateway To Higher Consciousness--New Age Book on Self-Healing for the Body, Mind, and Spirit

I had no idea I was facing a ticking time bomb. Every negative behavior has a series of consequences. They impact us, but they also impact the people around us. The biggest challenge is the ego (the ...

How to Stop the Ticking Time Bomb on Your Most Destructive Behavior

FitSwoop, Inc, the first of its kind pay-as-you-go wellness booking app, giving users access to top rated fitness studios and wellness centers is now available for download. FitSwoop is committed to ...

FitSwoop - a new way to book in person health and wellness experiences is now live

Iron sharpens iron and rarely will you find a leader who has not sharpened their leadership — or life — skills simply by reading what others have done or experienced along the way.

Inspiring wisdom: Local leaders share the books that give them lift

This article is brought to you thanks to the collaboration of The European Sting with the World Economic Forum. Author: Kate Whiting, Senior Writer, Formative Content Reading ...

6 books to improve your mental and physical health

Following his successful run on NBC's blockbuster series The Voice, Todd Tilghman, who was also a pastor at his church, Cornerstone Church in Meridian, Mississippi, choose to leave the pulpit and ...

'The Voice' Winner Todd Tilghman Shares Power Of Celebrating Small Victories, Finding One's Self In God's Church

Imagine having the power to learn anything fast. Whether you want to become a better speaker, leader, manager, or anything else, there are proven strategies to learn and master skills in record time.

Nick Velasquez and His Book Learn, Improve, Master Are on a Mission to Elevate the Learning Power of Humanity

Self-help leaders are often associated with toxic positivity—the belief that no matter how dire or difficult a situation is, people should maintain a positive mindset.

How To Spot Fraudulent Advice And What To Do When Self-Help Doesn't Actually Help

It is for readers "of all ages and orientations dealing with grief of any sort—professional, personal, romantic, familial, or even the sadness of the modern day," according to the publisher. In Either ...

Mourning in the Modern Era

The Trump administration tried to block Bolton from publishing the book, which portrayed Trump as erratic, uninformed and driven by self-interest.

'Abuse of power': Bolton considering legal action against Trump-era officials who sued him over tell-all book

Harvard Business School published a list of the two hundred most influential leadership gurus and then asked these two hundred to identify the person who had the most impact on their thinking—the ...

There Is a Better Way to Use Power at Work. This Forgotten Business Guru Has the Secrets

Most of us work for wages, and there isn't much we can do to avoid paying Social Security taxes on those earnings. But people who are self-employed ...

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